

Medicine Hat Golf and Country Club – Junior Golf Package 2026

My name is Connor Lunge, and I am in my 17th year as a PGA of Canada Professional at the Medicine Hat Golf and Country Club. I graduated from Lethbridge College in 2012 with a diploma in Business Management and a certificate in Golf Management. I fell in love with the game of golf at a young age and ever since I have always wanted a career in the industry. One of my many passions is Junior Golf. I believe we have created 3 great junior golf programs that suit the skill level and ages of all kids.

I am committed to grow the game of golf. By creating a fun and safe learning environment for my students, the students will learn about the game and the core values it teaches us. Students will learn the etiquette, rules of golf, fair and fundamentals of a game that can last a lifetime.

All Lessons will be taught by myself and/or PGA of Canada Apprentice Professional Peter Roche.

Please feel free to contact myself or our Head Professional Wayne Mattson if you have any questions or concerns.

Connor Lunge

PGA of Canada Class A Professional

Medicine Hat Golf and Country Club

Work: 4035278086

Email: connorlunge@medicinehatgolf.ca



Junior Golf 1 - Mini Mashers

This Program is designed for juniors aged 5-9. As an intro to golf, students will learn the rules of golf and etiquette. They will be introduced to the fundamentals of the full swing, chipping and putting. This will be done with a series of golf related and non golf related activities designed to keep students excited and engaged for the entire lesson. The main goal of this lesson program is to get the students excited about golf while having lots of FUN!

Cost: \$60

Maximum 10 kids per session

Registration opens Tuesday March 3rd

Session 1: Tuesday April 14th, Tuesday April 21st and Tuesday April 28th from 5:00-5:30

Session 2: Tuesday April 14th, Tuesday April 21st and Tuesday April 28th from 5:40-6:10

Session 3: Sunday April 26th, Sunday May 3rd and Sunday May 10th from 2:30-3:00

Session 4: Sunday April 26th, Sunday May 3rd and Sunday May 10th from 3:10-3:40

Session 5: Sunday April 26th, Sunday May 3rd, Sunday May 10th from 3:50-4:20

If our we need to reschedule due to weather or any other reason, we will try to give as much notice as possible. We will have one reschedule date available per session. If multiple dates get postponed due to weather, we will be unable to reschedule more than one.

Junior Golf II – Mighty Mashers

This program is designed for 7–15-year-olds. In this program, the students will get instruction from our PGA of Canada Professionals on all aspects of the game. During the instruction they will be instructed on how to make more consistent ball contact, different types of shots in the short game and a more in depth look at putting. Like all our junior programs the main goal of this program is to keep the juniors interested in the game and improve their skill. On the 1st and 3rd lesson dates, the students will go play up to 9 holes after. They will also receive a 9-hole green fee voucher, good for anytime during the 2025 season. Juniors will play from our junior tees which will make each hole 100-250 yards. We do ask for parent volunteers to accompany their junior on the course to help with pace of play. Power carts will be provided to those parents who would like one.

Maximum 10 Kids per session - Registration opens Tuesday March 3rd

Session 1 – Lesson from 2:30-3:00 – Golf starts between 3:30-3:45

Session 2 – Lesson from 3:10-3:40 – Golf starts between 3:55-4:15

Session 3 – Lesson from 3:50-4:20 – Golf starts between 4:20-4:40

Juniors must be experienced enough to play a few holes (up to 9 holes) – minimum age of 7

Cost: \$60 Members \$90 Non-Members

Sunday May 24th – Lesson 1

Students will review grip, posture, stance, and balance.

Sunday May 31st – Lesson 2

Students will use their drivers, fairway woods and/or hybrids

Lesson only due to Fairway Aeration

Sunday June 7th – Lesson 3

Students will learn all about the short game.

Reschedule Date would be Sunday June 14th.

MHGCC Junior Summer League

Our **MHGCC Junior Golf League** is designed for kids ages 7-15 who already have some golf experience and are ready to take their game to the course.

Each week includes:

On-course play (9 holes)
Skill challenges & games
Team atmosphere and new friendships

This program/league focuses on **fun first**, while building real golf skills, confidence, and sportsmanship in a relaxed and supportive environment.

No pressure. No tryouts. Just great golf.

Perfect for kids moving up from Mini Mashers or Mighty Mashers — or anyone who has played before and wants more course time.

Tee Times start at 4pm each Sunday

Session 1:

- July 5
- July 12
- July 19
- July 26

Session 2:

- August 16
- August 23
- August 30
- (plus July 26 — shared kickoff date)

Fees:

1 Session (Either A or B) - \$40/Member - \$60/Non-Member

Both Sessions (7 Dates) \$60 member - \$100/Non-Member

Bring-A-Friend Bonus

Each junior receives **one FREE Bring-A-Friend voucher per session.**

Register for both sessions and your junior will receive **two Bring-A-Friend vouchers!**

These vouchers allow your junior to bring a friend to participate in the program **at no charge for one day** — a great way to introduce golf to new players and make it even more fun