

# Medicine Hat Golf and Country Club – Junior Golf Package 2023

My name is Connor Lunge, and I am in my 14<sup>th</sup> year as a PGA of Canada Professional at the Medicine Hat Golf and Country Club. I graduated from Lethbridge College in 2012 with a diploma in Business Management and a 1-year certificate in Golf Management. I fell in love with the game of golf at a young age and ever since I have always wanted a career in the industry. One of my many passions is Junior Golf. I believe we have created 3 great junior golf programs that suit the skill level and ages of all kids.

I am committed to grow the game of golf. By creating a fun and safe learning environment for my students, the students will learn about the game and the core values it teaches us. Students will learn the etiquette, rules of golf, fair and fundamentals of a game that can last a lifetime.

Please feel free to contact myself or our Head Professional Wayne Mattson if you have any questions or concerns.

Connor Lunge

PGA of Canada Class A Professional

Medicine Hat Golf and Country Club

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# Junior Golf 1 – FUNdamentals

This Program is designed to expose new kids to the game of golf. As an intro to golf, students will learn the rules of golf and etiquette. They will be introduced to the fundamentals of the full swing, chipping and putting. This will be done with a series of golf related and non golf related activities designed to keep students excited and engaged for the entire lesson. The main goal of this lesson program is to get the students excited about golf while having lots of FUN!

Cost: \$50

Maximum 16 kids per session

Juniors must be at least 6 years old.

Registration opens Wednesday March 8<sup>th</sup>.

To Register; Please contact the proshop via 403.527.8086 or email [connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)

## April-May Session (Lesson Times are 3-3:30 or 3:40-4:10)

Sunday April 16<sup>th</sup>, Sunday April 23<sup>rd</sup>, Sunday April 30<sup>th</sup>, and May 7<sup>th</sup>. May 14<sup>th</sup> will be a makeup date if needed.

## June Session (Lesson Times are 5-5:30 or 5:40-6:10)

May 29<sup>th</sup>, June 5<sup>th</sup>, June 12<sup>th</sup>, and June 19<sup>th</sup>. June 26<sup>th</sup> will be a makeup date if needed.

*Your lesson time will remain the same throughout the 4 sessions.* Your lesson time will be emailed to you before the start of the sessions.

# Junior Golf II – Learn to Play

This program is designed for the junior golfer who has already been introduced to the game. In this Learn to Play program, the students will get instruction from our PGA of Canada Professionals on all aspects of the game. Each Sunday, the students will take part in a 30-minute lesson before heading out on the course to play 9 holes. During the instruction they will be instructed on how to make more consistent ball contact, different types of shots in the short game and a more in depth look at putting. Like all our junior programs the main goal of this program is to keep the juniors interested in the game and improve their skill. Once students complete the lesson portion, they will play 9 holes of golf. Juniors will play from either our red tee boxes, or junior tees based on instructor's advice. We do ask for parent volunteers to walk with each group while they are on the golf course. Lesson Times are 3:00-3:30 and 3:45-4:15

**Maximum 16 Kids - Registration opens Wednesday March 8<sup>th</sup>** (Please note; Lesson Time for this date will be TBD based on # of Entries)

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**Juniors must be old enough to play a few holes (up to 9 holes) – minimum age of 6.**

Cost: \$75 Members \$100 Non-Members

May 28<sup>th</sup> – Lesson 1

Students will review grip, posture, stance, and balance.

Tee times to follow lessons.

June 4<sup>th</sup> – Lesson 2

Students will use their drivers, fairway woods and/or hybrids

Tee Times will follow lessons

June 11<sup>th</sup> – Lesson 3

Students will learn all about the short game

Tee Times will follow lessons

**No Session on June 18<sup>th</sup>**

June 25<sup>th</sup> – Lesson 4

Students will compete in fun challenges on the range to continue to work on their golf swings

Tee Times will follow lessons

# Summer Junior League

Dates; Tuesday July 4<sup>th</sup> Tuesday July 11<sup>th</sup>, Tuesday July 18<sup>th</sup>, Tuesday July 25<sup>th</sup>, Tuesday August 1<sup>st</sup>, Tuesday August 8<sup>th</sup>, Tuesday August 22<sup>nd</sup>

9 Holes starting at 2pm

Weekly Prizes and competitions

**Price:**

\$75 members

\$155 non-members

(Price includes 2 bring a friend vouchers, where the kids can bring friends for the 9 holes at no charge)

To Register; Please contact the proshop via 403.527.8086 or email [connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)

**\*Max 16 juniors\***



# Family Night Golf @ the Medicine Hat Golf and Country Club



**Sundays from June-August after  
3pm**

**Kids (17 and under) play for FREE when  
accompanied by an Adult!**

## What is Family Night?

This is a night to bring your family out for a fun evening in a beautiful, safe, and fun environment! Whether you are a member of the MHGCC or not, it does not matter! Everyone is invited and welcome!

## What if my kids do not have their own clubs?

Don't worry, we have some junior sets they can borrow.... for FREE\*!

\*Based on Availability\*

## My kids get too tired playing a "big" course

Again, do not worry! We set out "Family" Tees every Sunday afternoon to make the holes shorter and make it more enjoyable for your family.

