

# Medicine Hat Golf and Country Club – Junior Golf Package 2024

My name is Connor Lunge, and I am in my 15<sup>th</sup> year as a PGA of Canada Professional at the Medicine Hat Golf and Country Club. I graduated from Lethbridge College in 2012 with a diploma in Business Management and a 1-year certificate in Golf Management. I fell in love with the game of golf at a young age and ever since I have always wanted a career in the industry. One of my many passions is Junior Golf. I believe we have created 3 great junior golf programs that suit the skill level and ages of all kids.

I am committed to grow the game of golf. By creating a fun and safe learning environment for my students, the students will learn about the game and the core values it teaches us. Students will learn the etiquette, rules of golf, fair and fundamentals of a game that can last a lifetime.

Please feel free to contact myself or our Head Professional Wayne Mattson if you have any questions or concerns.

Connor Lunge

PGA of Canada Class A Professional

Medicine Hat Golf and Country Club

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# Junior Golf 1 – FUNdamentals

This Program is designed to expose new kids to the game of golf. As an intro to golf, students will learn the rules of golf and etiquette. They will be introduced to the fundamentals of the full swing, chipping and putting. This will be done with a series of golf related and non golf related activities designed to keep students excited and engaged for the entire lesson. The main goal of this lesson program is to get the students excited about golf while having lots of FUN!

Cost: \$50

Maximum 8 kids per session

Juniors must be at least 6 years old.

Registration opens Tuesday March 12<sup>th</sup>.

To Register; Please contact the proshop via 403.527.8086 or email  
[connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)

Session 1: Tuesday April 16<sup>th</sup>, Tuesday April 23<sup>rd</sup> and Tuesday April 30<sup>th</sup> from 5:00-5:30

Session 2: Tuesday April 16<sup>th</sup>, Tuesday April 23<sup>rd</sup> and Tuesday April 30<sup>th</sup> from 5:45-6:15

Session 3: Sunday May 5<sup>th</sup>, Sunday May 12<sup>th</sup> and Sunday May 26<sup>th</sup> from 3:00-3:30

Session 4: Sunday May 5<sup>th</sup>, Sunday May 12<sup>th</sup> and Sunday May 26<sup>th</sup> from 3:45-4:15

*If you have a group of 6-8 kids, I am more than happy to put together their own group at times that work for all the kids. Please contact me for more information.*

# Junior Golf II – Learn to Play

This program is designed for the junior golfer who has already been introduced to the game. In this Learn to Play program, the students will get instruction from our PGA of Canada Professionals on all aspects of the game. During the instruction they will be instructed on how to make more consistent ball contact, different types of shots in the short game and a more in depth look at putting. Like all our junior programs the main goal of this program is to keep the juniors interested in the game and improve their skill. On the 2<sup>nd</sup> and 3<sup>rd</sup> session date, the kids will go play 9 holes of golf on the course. The students will also receive a 9 hole green fee pass to be used anytime during the 2024 golf season. Lesson Times are 3:00-3:30 and 3:45-4:15

**Maximum 16 Kids - Registration opens Tuesday March 12<sup>th</sup>**

To Register; Please contact the proshop via 403.527.8086 or email  
[connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)

**Juniors must be old enough to play a few holes (up to 9 holes) – minimum age of 6.**

**Parent Volunteers are asked to accompany their child on the golf course.**

**Carts are provided at No Charge if needed.**

Cost: \$60 Members    \$80 Non-Members

June 2<sup>nd</sup> – Lesson 1

Students will review grip, posture, stance, and balance.

No Tee Times due to course Aeration

June 9<sup>th</sup> – Lesson 2

Students will use their drivers, fairway woods and/or hybrids

Tee Times will follow lessons

**No Session on June 16<sup>th</sup> due to Fathers Day**

June 23<sup>rd</sup> – Lesson 3

Students will learn all about the short game

Tee Times will follow lessons

# Summer Junior League

Dates; Tuesday July 2<sup>nd</sup> , Tuesday July 9<sup>th</sup>, Tuesday July 16<sup>th</sup>, Tuesday July 23<sup>rd</sup>, Tuesday July 30<sup>th</sup>, Tuesday August 6<sup>th</sup>, Tuesday August 13<sup>th</sup> ,

9 Holes starting at 2pm

Weekly Prizes and competitions

**Price:**

\$75 members

\$150 non-members

(Price includes 2 bring a friend vouchers, where the kids can bring friends for the 9 holes at no charge)

Parent Volunteers are asked to accompany child on course if they have little experience on golf course. Please let me know if you have any questions.

To Register; Please contact the proshop via 403.527.8086 or email [connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)

**\*Max 16 juniors\***



# **Family Night Golf @ the Medicine Hat Golf and Country Club**



**Sundays from June-August after  
3pm**

**Kids (17 and under) play for FREE when  
accompanied by an Adult!**

## **What is Family Night?**

This is a night to bring your family out for a fun evening in a beautiful, safe, and fun environment! Whether you are a member of the MHGCC or not, it does not matter! Everyone is invited and welcome!

## **What if my kids do not have their own clubs?**

Don't worry, we have some junior sets they can borrow.... for FREE\*!

\*Based on Availability\*

## **My kids get too tired playing a "big" course**

Again, do not worry! We set out a "Family" marker every Sunday afternoon to make the holes shorter and make it more enjoyable for your family.

